

Treatment plan - Oily-seborrhoeic skin type

Characteristics:

- Oily, shiny, sallow skin, often with a shade of sebaceous yellow.
- The sebum's oleic-acid content is increased, and the shiny layer covering the skin inhibits skin respiration.
- The sebum stimulates keratinization, thus the hair follicles' openings become clogged, the sebum cannot be excreted, and small sebum plugs (comedones) and inflammations may develop.

Aim of treatment:

- In order to ensure adequate skin respiration, scrubbing the skin is important.
- Use degreasers, and products that regulate sebaceous function
- Due to the inflammatory processes of the skin, it is recommended to use anti-inflammatory agents

Process of treatment

Cleansing:

Solanie Face milk for sensitive skin – SO20101

With the help of skin friendly and surface active ingredients totally and gently remove pollution or make up from facial areas.

Usage:

Clean the skin of contaminations with massage movements using the appropriate amount (a nut-sized amount for face, a walnut-sized amount for face, neck and décolletage) of the cream. You can apply the appropriate amount to two cotton pads or to the treated area using your fingers and palm, or you can put it into water in a little pot and apply it with a brush. Use for thorough cleaning of the skin. Can be used as neck and décolletage mask.

Effects:

By means of its skin-friendly surfactant ingredients, it removes make-up and contaminants gently from the facial skin. By virtue of its compounds, it is perfectly suitable for the treatment of oily skin. It is pleasantly cooling and calming, and has a good antiseptic effect.

Peeling:

Solanie Mango-Rice AHA Facial Peeling – SO20901

The tolerant scrubbing effect of Round Rice granules removes dead skin cells, improves circulation. Diatomite, its other scrubbing ingredient, performs cleansing of pores and absorption of dirt. Fruit acids and enzyme contents of Papaya and Mango extracts, enriched with glycolic and lactic acids, loosen the layer of aged horny matter.

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Usage:

Apply the appropriate amount of brush (half nut-sized amount to the face, and nut-sized amount to neck- and décolleté) to the cleared skin, and after slight rubbing (which can be done with wet hands), wait for few minutes for the fruit acids to take effect. The mechanical effect can be enhanced with the usage of a peeling brush, but the acids contained in the product also perform a fine peeling on the skin surface on their own. Remove the brush's grains with wet clothes or sponge, and then tone the skin.

Effects:

The gentle rubbing effect of rice grains removes dead skin cells, improves circulation, it virtually rejuvenates the skin surface. Its other abrasive material, the fine diatomaceous earth of marine origin, provides for pore clearance and contamination removal. The fruit acids and the enzyme content of mango and papaya extracts, enriched with glycolic acid and lactic acid, loosen the old horny layer, stimulate the formation of new cells, thus helping the formation of healthy skin. The synergic effect of the materials and the mechanical peeling creates an even skin surface. The nurturing avocado oil, as well as the anti-irritant and hydrating betaine and allantoin have skin protecting, normalizing effects.

Tonifying:

Solanie Black Tonic – SO20111

Get rid of oily impurities and inflammations.

Usage:

Recommended every time after cleaning and scrubbing in order to restore pH levels in the skin. Apply the amount of one pump to two cotton pads placed on each other, then, separating them, perform toning on the face, neck and décolletage area.

Effects:

Ichthyol and herbal extracts have a beneficial effect on excessive sebum secretion and restoration of the optimal condition of oily skin. Salicylic acid helps to prevent acne by removing sebum accumulated in the pores. The soothing allantoin supports the process of skin regeneration, ensuring proper care for sensitive and irritated skin.

Softening + Massage:

Solanie Lipamin Deep Purifying Cream – SO20107

This cream is ideal for softening sensitive skin and for cleaning the pores perfectly. Lipoamino acid enters the pores deeply and dissolves oxidized oils and pollution, providing a clean skin. We can boost it's effect with Solanie Lipamin Accelerator Gel.

Usage:

Using as a mask, apply the right amount (2-3mm thick) to the cleansed skin and leave for 15 minutes. Use steam to enhance smoothing effect. Well applicable in treatments without massage (treatments for teens, inflamed skin).

You can use it for a 5-10 minute-long pre-massage with wet hands.

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Used with Lipamin Accelerator Gel, it has a smoothing effect without steam too. Apply Lipamin Deep Cleansing Cream to the skin surface, thoroughly rub over the blackheads with wet fingertips, then finish it up with Lipamin Accelerator Gel, using a brush. Time to take effect is thus significantly reduced, and the skin smoothing effect intensifies. Wash off the mask with a wet sponge and start cleansing the skin.

Effects:

Special product designed to quickly smooth sensitive skin and perfectly remove impurities from the pores. Lipoamino acid is a skin-friendly surfactant that performs physiological deep cleansing on the skin. Upon application, it diffuses deeply into the pores, solves oxidized fat and contamination, emulsifies dead skin cells, and provides perfect skin purity for the absorption of active ingredients.

Cleansing & Disinfecting:

Solanie Face toner with antibacterial elements - SO20105

It is a non alcoholic tonic with disinfection effect. Provides wide range protection against possible infections. Allantoin is used to prevent irritation. It is to be used for antiseptic wiping of the skin on the treated area.

Usage:

Recommended for antiseptic clearing of the skin after cleansing. Apply the amount of one pump to two cotton pads placed on each other, then, separating them, perform toning on the face, neck and décolletage area.

Effects:

Non-alcoholic, therefore it does not irritate sensitive skin. The synergistic effect of the three antiseptic active ingredients enables us to put only a small amount of each into the product, thus the skin is not strained while it is provided comprehensive protection from potential infections. Allantoin acts as an anti-irritant.

Hydrating:

Solanie Skin Nectar No. 2 - Redness neutralizer serum – SO30512

A multifunctional serum stimulates circulation, increases metabolism, and intensifies the generation of new cells. Regular use can minimize inflammation periods. Also, these ingredients decrease visibility of enlarged capillary vessels, and help the healing of wounds.

Usage:

Recommended for every combined skin type that is often inflamed, sensitive. It can be effectively used as a treatment for the alleviation of face skin redness.

- *Can be used for iontophoresis under the negative pole with Solanie Hydrating gel mask.*
- *For scaly and oily seborrheic skin after clearing.*
- *Can be used with ultrasound with ultrasound gel for moderately or intensively fat deficient, irritated skin.*
- *For thinned epithelium, for sensitive surfaces after waxing.*

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- For home care in the morning and evening.

Effects:

Multifunctional serum which provides a wide range of treatment possibilities. It is a microcirculation stimulator, metabolism booster, and it stimulates the formation of new cells. Its regular use increases the skin's resistance and reduces the inflammatory processes. Its special essential oil components, amplifying each other's effects, reduce erythema and the visibility of vasodilation, and help the wound healing processes. They also increase the flexibility of vascular walls. It is tissue-regenerating, anti-inflammatory, and it reduces itching. Papules heal faster, the itchy feeling of keratinized epithelium ceases; it strengthens, nourishes, hydrates and evens out the skin surface.

Solanie Moisturizing hydromask – SO20302

As a face mask, it supplies the water necessity of skin in a short time. Its high aloe vera content fills up, smoothes, and gives a healthy color for one's skin.

Usage:

Apply the gel to the cleared, brushed, toned skin (1-2mm thick). In 10-15 minutes, the mask is thoroughly absorbed by skin. Tone the skin afterwards. Also recommended for iontophoresis. Recommended for ultrasound, with an extra active ingredient or alone. In case of treatment by a beauty device apply the mask in thicker layer (2-3mm).

Effects:

The ideal nourishing product for dehydrated skin. As a mask, it quickly compensates for the skin's lack of moisture. Its high Aloe Vera content loads, smoothes out, freshens the skin and gives it a healthy color. Biotin is a strong skin smoother. The sugar derivative pentavitin provides lasting hydration.

Mask:

Solanie Astringent Herbal Facial Mask - SO20305

Ideal care for oily-seborrhea skin. Colloid sulphur absorbs well into skin, and diminish overdrive of sebaceous glands. It has antiseptic, pain reliever, and wound healing effect because of its camphor, tea tree ingredients. It calms the skin.

Usage:

Can be used for seborrheic skin in the end of the treatment as soothing (2-3mm thick), nourishing mask. Apply evenly, wash off after 10-15 minutes and tone the skin.

Effects:

Ideal nourishing product for oily, seborrheic skin. The colloidal sulfur content, absorbed well by the skin, decreases the overactivity of sebaceous glands. The camphor and tea tree oil contributes to the appropriate soothing of the skin by their antiseptic, analgesic, wound healing qualities. The essential oil of geranium has an anti-grease effect while also gives the mask a pleasant fragrance. The wild pansy extract has an anti-grease and pore contracting effect. By virtue of its horsetail

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content, it is styptic and contracting. Its silicon content helps the regeneration of connecting tissues and makes the skin more flexible. The evening primrose oil, containing clean Vitamin F and gamma-linolenic acid, is an effective substance against acnes. This effect is enhanced by biotin's anti-seborrheic, keratoplastic qualities. Zinc oxide is a soothing, drying component.

Tonifying:

Solanie Black Tonic - SO20111

Mask :

Solanie Seboherbal Fitomask – SO20903

Mask with disinfectant, astringent effect.

Usage:

Apply the mask evenly (with a thickness of 2-3 mm). After 15-20 minutes, massage into the skin and tonify again or simply wipe off the mask with a wet sponge. It can also be excellently used as neck-décolletage mask. The effect can be intensified by usage of ultrasound.

Effect:

Prevents inflammation (juniper, lemonpeel), anti-seborrhoea (great burdock) effect. Promotes wound healing. Calms, lessens irritation, moisturizing (allantoin, panthenol, glicin), with horsetail.

Nutrition:

Solanie Caviar Exclusive eye-contour gel – SO20603

Hyaluronic acid strongly moisturizes and forms a defensive and tightening coat and nourishes the sensitive areas of the eyes. Herb extracts decrease irritation and alleviate puffiness and prevent formation of circles around the eyes.

Usage:

Suitable for targeted eye treatments. In case of mimic wrinkles, it can be used for prevention for young people; you can get to deeper layers with iontophoresis or ultrasound. It can be the finishing product of cosmetic treatment on the whole face; it is a good base for makeup. In case of fat-deficient skin, after the absorption of the gel, if necessary, its effect can be improved with Q10 night nourishing cream. Spread out a pea-sized amount of gel on the areas of the eyes.

Effects:

Visibly effective product designed for the care of the sensitive eye area and the strengthening and regeneration of the tissue structure. The watery extract of caviar contains vital proteins, vitamins and trace elements that have an especially strong, nourishing and stimulating effect on the slack, tired, dry and sensitive skin. Hyaluronic acid is highly hydrating, and it forms a protective and tightening layer. The herbal extracts reduce irritation, relieve the formation of eye bags, and inhibit the formation of periorbital dark circles. It does not irritate the eyes; it cools pleasantly. It can be used effectively as a wrinkle treatment gel; it is excellent for the smoothing of mimic wrinkles.

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Solanie Biotin Sebum Control Cream – SO20407

It is specially formulated for the needs of problematic skin, including hyaluronic acid. Well absorbed, light cream with a pleasant, fresh scent (lemongrass). The skin will be soft and silky.

Usage:

Can be used for massage or as a finishing touch.

Perfect for makeup foundation. After we finish the treatment, spread out a pea-sized amount of cream on the whole face area.

Recommended for costumers for everyday use.

Effects:

Well absorbed, easy cream that does not leave oily shine. It is excellent for the treating and hydrating problematic skin. It has a pleasant, fresh fragrance (lemongrass). After quick absorption, it leaves a noticeable soft, silky touch. Herbal extracts normalize the function of sebaceous glands and reduce the sensitivity of inflamed skin. Colloidal sulfur, vitamins H and F work in the same way. Hyaluronic acid and NMF complex provide adequate hydration. The organic silicon content of horsetail extract enhances the skin's flexibility. The essential oils are antiseptic and cool the treated area.

Camouflage:

Solanie Ultra Stepy Therapy Lotion – SO10918

Because of its components, it disinfects perfectly, heals the skin and normalizes sebum production. It blocks P. acnes bacteria that induce acne and skin becoming infected. Applying it more often would erase the visible signs of aging and cosmetic flaws of the treated area.

Usage:

For the finishing, last phase of cosmetic treatments.

Due to its composition the costumer leave with a „medical foundation“.

Effects:

Its high alcohol content decontaminates and dries immediately; its various bactericide components (dichlorobenzyl alcohol, salicylic acid, phenethyl alcohol), penetrating into deep skin layers, have long-lasting effects. The anti-greasing, keratoplastic, normalizing substances (colloidal sulfur, biotine, zinc PCA, allantoin) improve skin image, quicken wound healing; pigment suspension effectively conceals skin imperfections. By virtue of its composition, it perfectly decontaminates, soothes the skin, normalizes sebum. It inhibits the life conditions of bacteria responsible for acne. It renders the skin perfectly soft and smooth. It makes the application of makeup easier. After multiple applications, by virtue of its perfect concealing capability, it hides the apparent signs of inflammation and the cosmetic imperfections of the treated area.

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Treatment of the oily-seborrhea skin type

Item Number	Name	Packing ml	Used amount ml
SO20101	Solanie Face Milk for Sensitive Skin	500	2
SO20111	Solanie Black Tonic	250	4
SO20901	Solanie Mango-Rice AHA Facial Peeling	150	3
SO20107	Solanie Lipamin Deep Purifying Cream	250	3
SO10108	Solanie Lipamin Accelerator Gel	50	3
SO20105	Solanie Face Toner with Antibacterial Elements	500	2
SO30512	Solanie Skin Nectar No. 2 - Redness neutralizer serum	30	1
SO20302	Solanie Moisturizing Hydromask (ultrasound)	250	2
SO20305	Solanie Astringent Herbal Facial Mask 250ml	250	3
SO20903	Solanie Seboherbal Fitomask	250	4
SO20603	Solanie Caviar Exclusive Eye-Contour Gel	50	1
SO20407	Solanie Biotin Sebum Control Cream	250	2
SO10918	Solanie Ultra Stepy Therapy Lotion	30	1

Oily-seborrhea home treatment

Item number	Name	Packing ml	Used amount ml
SO10101	Solanie Face Milk for Sensitive Skin	150	2
SO10111	Solanie Black Tonic	150	4
SO10901	Solanie Mango-Rice AHA Facial Peeling	30	3
SO10603	Solanie Caviar Exclusive Eye-Contour Gel	50	1
SO10407	Solanie Biotin Sebum Control Cream	50	2
SO10918	Solanie Ultra Stepy Therapy Lotion	30	1
Once a week			
SO10901	Solanie Mango-Rice AHA Facial Peeling	30	3
Regularly			
SO20512	Solanie Skin Nectar No. 2 - Redness neutralizer serum	15	1