

## **Treatment plan for Sensitive skin**

### **Characteristics:**

- Sensitive skin is rather a property than a skin type
- Sensitive skin reacts stronger to both external and internal impact
- It flushes immediately in cold weather, it can become sunburnt and may start peeling even in moderate sunshine
- Some chemical components and even certain plants can cause allergic reactions; red spots may appear on the skin
- The skin surface is often covered in capillaries

### **Aim of treatment:**

- to reduce redness and irritation
- to restore the balance that is vital for the skin

## **Process of the treatment**

### **Cleansing:**

#### **Solanie Face Milk for Sensitive Skin - SO20101**

*Perfume free cleansing emulsion. With the help of skin friendly and surface active ingredients totally and gently removes pollution or make up from facial areas. The ingredients insure that it can be used for all skin type.*

#### **Usage:**

*Clean the skin of contaminations with massage movements using the appropriate amount (a nut-sized amount for face, a walnut-sized amount for face, neck and décolletage) of the cream. You can apply the appropriate amount to two cotton pads or to the treated area using your fingers and palm, or you can put it into water in a little pot and apply it with a brush.*

#### **Effects:**

*Odorless liquid emulsion. By means of its skin-friendly surfactant ingredients, it removes contaminants and make-up perfectly and gently from the facial skin. By virtue of its compounds, it can be used for all skin types.*

### **Peeling:**

#### **Solanie Facial Peeling Cream – SO20106**

*It is a cream scrub that acts as chemical (fruit acid) and mechanical peeling (polyethylene particles). It has a skin smoothing effect, which can be increased with lipoamino acid, a special active ingredient on the surface agent cleaning the pores from deep inside.*

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### **Usage:**

*Apply the right amount of scrub to the moist skin surface, scrub it lightly, and wait for few minutes for the fruit acid to take effect. You can enhance the mechanical effect by using a peeling brush, but the acid content of the product performs fine exfoliation on the skin surface per se. Remove the particles of the scrub with wet cloth or sponge, then tone the skin.*

### **Effects:**

*A cream scrub that unites chemical (fruit acid) and mechanical peeling. Its skin smoothing effect is augmented by a special surfactant, lipoamino acid, that cleanses deep inside the pores. It cleans the skin of dead skin cells, thus rendering it smooth, hydrated and perfectly prepared to take in further active ingredients. The calming, regenerating effect of aloe, ginkgo, allantoin and panthenol prevents potential irritation. The grape seed oil content nourishes and precludes excessive degreasing. Its selected active ingredients and the fine, 50 micron sized polyethylene particles render the scrub suitable for every skin type.*

### **Toning:**

#### **Solanie Phyto Tonic Lotion – SO20102**

*It refreshes and tightens the skin; a non-alcoholic tonic, a good cleanser that hydrates skin. We recommend it after use of face milk scrub.*

### **Usage:**

*Recommended every time after cleaning and scrubbing in order to restore pH levels in the skin. Apply the amount of one pump to two cotton pads placed on each other, then, separating them, perform toning on the face, neck and décolletage area.*

### **Effects:**

*Skin refreshing, tightening non-alcoholic tonic with good cleaning, hydrating and pH optimizing effect. Non-alcoholic, therefor usable by people with sensitive skin.*

### **Softening:**

#### **Solanie Lipamin Deep Purifying Cream – SO20107**

*This cream is ideal for softening sensitive skin and for cleaning the pores perfectly. Lipoamino acid enters the pores deeply and dissolves oxidized oils and pollution, providing a clean skin. We can boost it's effect with SOLANIE Lipamin Accelerator Gel.*

### **Usage:**

*Using as a mask, apply the right amount to the cleansed skin and leave for 15 minutes. Use steam to enhance smoothing effect. Well applicable in treatments without massage (treatments for teens, inflamed skin).*

*You can use it for a 5-10 minute-long pre-massage with wet hands.*

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*Used with Lipamin Accelerator Gel, it has a smoothing effect without steam too. Apply Lipamin Deep Cleansing Cream to the skin surface, thoroughly rub over the blackheads with wet fingertips, then finish it up with Lipamin Accelerator Gel, using a brush. Time to take effect is thus significantly reduced, and the skin smoothing effect intensifies. Wash off the mask with a wet sponge and start cleansing the skin.*

### **Effects:**

*Special product designed to quickly smooth sensitive skin and perfectly remove impurities from the pores. Lipoamino acid is a skin-friendly surfactant that performs physiological deep cleansing on the skin. Upon application, it diffuses deeply into the pores, solves oxidized fat and contamination, emulsifies dead skin cells, and provides perfect skin purity for the absorption of active ingredients.*

### **Solanie Lipamin Accelerator Gel – SO10108**

*This product enhances the impact of the Deep Purifying Cream, prevents the too early shrivelling of the cream underneath. Basil essential oil freshens, vivifies, and has aromatherapeutic effects too.*

### **Usage:**

*Use as second mask, applying the gel evenly with a brush, so the Lipamin Deep Cleansing Cream beneath is airtight. After 10-15 minutes, the two-tier mask can be easily and quickly removed with the help of a spatula. Wash off the remains of the mask with a wet sponge, then tone the skin. You can also use it after a massage with deep cleansing cream by applying the gel to the skin in a thin layer. (When cleaning seborrheic skin, only remove the cream with a sponge from the area that you are massaging, then wipe off further parts as you progress. This way, you can keep smooth the skin to be cleaned. Finally wash it off and tone.)*

### **Effects:**

*This product enhances the effects of Lipamin Deep Cleansing Cream, and prevents its early drying. The slightly basic effect of arginine essential amino acid intensifies the cleansing and smoothing process, and helps the active ingredients penetrate deeper into the skin. The basil essential oil has a refreshing, stimulant, aromatherapeutic effect.*

### **Clearing pimples:**

### **Disinfection:**

### **Solanie Face Toner with Antibacterial Elements – SO20105**

*It is a non alcoholic tonic with disinfection effect. Provides wide range protection against possible infections. Allantoin is used to prevent irritation. It is to be used for antiseptic wiping of the skin on the treated area.*

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### **Usage:**

*Recommended for antiseptic clearing of the skin after cleansing. Apply the amount of tonic of one press of the pump to two cotton wools placed on each other, then split them, and perform toning on the surface of the face, neck and décolletage.*

### **Effects:**

*Non-alcoholic, therefore it does not irritate sensitive skin. The synergistic effect of the three antiseptic active ingredients enables us to put only a small amount of each into the product, thus the skin is not strained while it is provided comprehensive protection from potential infections. Allantoin acts as an anti-irritant.*

### **Mask or ultrasound:**

#### **Solanie Skin Nectar No. 2 - Redness neutralizer serum - SO30512**

*A multifunctional serum stimulates circulation, increases metabolism, and intensifies the generation of new cells. Regular use can minimize inflammation periods. Also, these ingredients decrease visibility of enlarged capillary vessels, and help the healing of wounds.*

### **Usage:**

*Recommended for every combined skin type that is often inflamed, sensitive. It can be effectively used as a treatment for the alleviation of face skin redness.*

- *Can be used for iontophoresis under the negative pole with Solanie Hydrating gel mask.*
- *For scaly and oily seborrheic skin after clearing.*
- *Can be used with ultrasound with ultrasound gel for moderately or intensively fat deficient, irritated skin.*
- *For thinned epithelium, for sensitive surfaces after waxing.*
- *For home care in the morning and in the evening.*

### **Effects:**

*Multifunctional serum which provides a wide range of treatment possibilities. It is a microcirculation stimulator, metabolism booster, and it stimulates the formation of new cells. Its regular use increases the skin's resistance and reduces the inflammatory processes. Its special essential oil components, amplifying each other's effects, reduce erythema and the visibility of vasodilation, and help the wound healing processes. They also increase the flexibility of vascular walls. It is tissue-regenerating, anti-inflammatory, and it reduces itching. Papules heal faster, the itchy feeling of keratinized epithelium ceases; it strengthens, nourishes, hydrates and evens out the skin surface.*

#### **Solanie Anticouperose Fitomask – SO20902**

*The product is rich in herbal phytohormones. Promotes flexibility, strengthens blood vessels (horse chestnut, ginkgo). It has a soothing effect on blood vessel dilatation, erythema and skin that*

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*susceptible to rosacea. Calming effect (St John's wort, arnica, grape leaves). Centella enhances the regeneration of cells and impacts connective tissue well. Perfume free.*

### **Usage:**

*For sensitive, aging, inflexible skin types prone to erythema, rosacea. It is a nurturing mask for anti-wrinkle treatments. It can be used well for the regeneration of sensitive "parchment" skin. The skin texture becomes even and silkily hydrated.*

*Spread out a nut-sized amount of mask (using your hand or a brush) on the area of the face, and carry out an ultrasound treatment. After the treatment wipe the non-absorbed mask from the skin with a wet sponge.*

### **Effects:**

*The product is rich in special herbal extracts; strengthens the vascular wall and improves circulation (horse chestnut, ginkgo, eyebright). It soothes vasodilated, erythemic and rosacea-prone skin types; it reduces skin sensitivity (arnica, goatweed, grape leaf). The centella (tiger grass) extract enhances the connective tissue and cell regenerating effect.*

*For sensitive, aging, inelastic skin that susceptible to erythema and rosacea. This is the nourishing mask of anti-wrinkle treatments. Well suited for regeneration of sensitive, „parchment" skin. The texture of the skin will be smooth and silky hydrated.*

### **Massage:**

#### **Solanie Kukui-mineral massage cream – S020204**

*Kukui-mineral massage cream hydrates and feeds the skin owing to its rich active ingredients. The oil of Hawaiian Kukui Nut has high unsaturated fatty acid content. It is rich in vitamins and fitosterines, gets absorbed fast and deep, while excellent inflammation reducer, skin softener, and hydrating agent.*

### **Usage:**

*Apply the appropriate amount of massage cream (2 nut-sized amount in case of facial and décolleté massage, 1 nut-sized amount in case of only facial massage) to the previously cleaned, prepared skin surface. Perform face, neck, décolletage massage with the cream that became slippery from body warmth. Liquid (mineral water, tea, hydrating toner etc.) can be used for moisturizing that helps the absorption of mineral nutrients and provides an easy, long and thorough massage.*

### **Effects:**

*Due to its various active ingredients, it intensively hydrates and nourishes the skin. The oil of the Hawaii kukui nut has a high unsaturated fatty acid content. Plenteous in vitamins, phytosterols, it is rapidly and deeply absorbed, anti-inflammatory, skin smoothing and moisturizing. It does not irritate, it is effective in soothing inflammations, burns and redness. It helps the skin's natural healing process. The external, through-the-skin application of minerals important for the normal functioning of epithelial tissues had previously been seldom used in cosmetics. The massage cream*

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*contains these elements in the form of gainful organic salts accompanying the important compounds of NMF (sodium lactate, urea, PCA, lactic acid). It is slippery, it can be massaged easily and for long. Applicable to all skin types, including sensitive and seborrheic skin.*

### **Mask:**

#### **Solanie Herbal Calming Mask – SO20304**

*It can be used successfully at the end of face treatments for calming the skin. Antiseptic, astringent, with inflammation preventive effect.*

#### **Usage:**

*Apply the mask to the skin (2-3 mm thick) after cleaning and decontamination, then wash it off after 15 minutes and tone the skin.*

#### **Effects:**

*By virtue of its rich active ingredients content, it can effectively be used at the end of face treatments for soothing the skin. The eyebright content has an antiseptic, contractive, anti-inflammatory effect. The peppermint and sage have cooling, antiseptic, freshening effect. Ichthyol is soothing, antiseptic, drying, peeling. Zinc oxide and titanium dioxide have a pore contracting, drying, anti-irritant effect, and the phytohormone content of wheat germ oil and grape seed oil helps the skin's regeneration. The combined use of these active ingredients provides a quick and apparent soothing effect on the skin flushed by treatment.*

### **Nutrition:**

#### **Solanie No.6 Ceramid Liposome Eye Zone Gel – SO30516**

*It is specially good for treating sensitive areas around the eyes. It does not irritate the eyes. It diminishes the appearance of oedematous eyes as well as circles underneath them. Guests with allergies and contact lenses can use it too.*

#### **Usage:**

*Spread 1 drop of gel around the area of the eye, and get it absorbed into the skin with carefully, tapping movements.*

*By virtue of its wide range of active ingredients, it has many fields of application.*

- *For the lip area as well as neck and décolletage care.*
- *As wrinkle smoothing treatment before massage.*
- *As part of hydrating treatment under mask.*
- *Before makeup: spread 1-2 drop of serum around the eyes, perhaps along the wrinkles around the mouth, then massage in a hydrating cream, and the skin is perfectly ready for the makeup.*

#### **Effects:**

*By virtue of its special active ingredient-combination, it is very suitable for the treatment of the sensitive skin in the eye area. It does not irritate the eyes, reduces the formation of dark circles*

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*and puffiness. Its pH is identical to the pH of tears, thus it can be used by allergic costumers and those with contact lenses. It is a quickly absorbed gel that does not leave a greasy spot.*

### **Solanie Redness neutralizer skin calming cream – SO20403**

*This is a soft cream especially rich in herb extracts. During daily use can provide perfect care and protection for sensitive skin and skin tend to rosacea. Its ingredients strengthen blood vessels, diminish redness, reduce skin sensitivity and promotes circulation with its synergic effect. It doesn't contain paraffin oil. Perfume and color free.*

#### **Usage:**

*This is a finishing cream of the treatments. Spread a pea-sized amount of cream around the whole face after we the treatment is finished. Recommended for costumers for home skin care.*

*Recommended for rosacea, allergic and sensitive skin. Can be used as calming and treatment ending care cream.*

#### **Effects:**

*Soft cream, especially plenteous in herbal extracts. Its every day usage provides perfect care and protection for sensitive rosacea skin. The active ingredients provide a synergistic effect, strengthen the vascular walls, reduce skin blushing, enhance circulation, reduce skin sensitivity and soothe epidermis. The valuable vegetable oils nourish and protect from environmental harms. The connective tissue strengthening, collagen production stimulating and water binding materials provide appropriate turgor. The treated surface becomes smooth and hydrated, the skin regains its original color and textural state.*

#### **Concealer:**

### **Solanie Ultra Step Therapy Lotion – SO10918**

*Because of its components, it disingects perfectly, heals the skin and normalizes sebum production. It blocks P. acnes bacteria that induce acne, and skin becoming infected. Applying it more often would erase the visible signs of aging and cosmetic flaws of the treated area.*

#### **Usage:**

*For the finishing, last phase of cosmetic treatments. Due to its composition the guest leaves with foundation which has curing effect.*

#### **Effects:**

*Its high alcohol content decontaminates and dries immediately; its various bactericide components (dichlorobenzyl alcohol, salicylic acid, phenethyl alcohol), penetrating into deep skin layers, have long-lasting effects. The anti-greasing, keratoplastic, normalizing substances (colloidal sulfur, biotine, zinc PCA, allantoin) improve skin image, quicken wound healing; pigment suspension effectively conceals skin imperfections. By virtue of its composition, it perfectly decontaminates, soothes the skin, normalizes sebum. It inhibits the life conditions of bacteria responsible for acne. It renders the skin perfectly soft and smooth. It makes the application of makeup easier. After multiple applications, by virtue of its perfect concealing capability, it hides the apparent signs of inflammation and the cosmetic imperfections of the treated area.*

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Item code	Name	Size ml	Amount to be used ml
SO20101	Solanie Face Milk for Sensitive Skin	500	2
SO20102	Solanie Phyto Tonic Lotion	500	4
SO20106	Solanie Facial Peeling Cream	125	3
SO20107	Solanie Lipamin Deep Purifying Cream	250	3
SO10108	Solanie Lipamin Accelerator Gel	50	3
SO20105	Solanie Face Toner with Antibacterial Elements	500	2
SO20902	Solanie Anticouperose Fitomask	250	2
SO30512	Solanie Skin Nectar No. 2 Reduce skin redness	30	1
SO20204	Solanie Kukui-Mineral Massage Cream	250	6
SO20304	Solanie Herbal Calming Mask	250	3
SO30516	Solanie Ceramid Liposome Eye Zone Gel	15	1
SO20403	Solanie Redness neutralizer skin calming cream	100	2
SO10918	Solanie Ultra Stepy Therapy Lotion	30	1

### Sensitive skin home care

Item Number	Name	Packing ml	Used amount ml
SO10101	Solanie Face Milk for Sensitive Skin	150	2
SO10102	Solanie Phyto Tonic Lotion	150	4
SO20512	Solanie Skin Nectar No. 2 Reduce skin redness	15	1
SO20516	Solanie Ceramid Liposome Eye Zone Gel	15	1
SO10403	Solanie Redness neutralizer skin calming cream	50	2
SO10918	Solanie Ultra Stepy Therapy Lotion	30	1
Hand and Body caring			
SO10604	Solanie Caviar Exclusive Hand and Body Balm	150	10
Once a week			
SO10902	Solanie Anticouperose Fitomask	50	2
Once a month			
SO10106	Solanie Facial Peeling Cream	30	3