

## Treatment plant – Seborrhoea Sicca

### Characteristics of scaly, seborrheic skin:

- Dim, pale grey color
- Has wide pores, flaky, rough to the feel
- The ratio of cholesteryl esters in the sebaceous glands is increased, thus comedos stiffen, keratinization is more intense than in the case of oily seborrhea
- Scaly seborrhea is always accompanied by surface water deficiency
- Since emulsion on the skin surface is not sufficient, it cannot fulfill its function perfectly. The skin becomes more sensitive, so called seborrheic inflammation (dermatitis seborrhoica) is often developed

### Aims of treatment:

- the removal of dead skin cells
- usage of soothing, anti-inflammatory substances
- reduction of water deficiency
- clearing of the skin

### **Treatment step-by-step:**

#### **Cleansing:**

##### **Solanie Aloe Vera Intensive Cleansing Foam 200 ml - SO10910**

*Face and the sensitive intimate area can be cleaned professionally and most mildly with it. This Product was developed for caring and protecting the pH level.*

#### **Usage:**

*Apply the amount of foam of one press of the pump to the wet skin surface to be cleaned, with a brush or with massaging movements. After few minutes of cleaning by massaging movements, wash off with plenty of water. The product can also be used for the total body surface.*

#### **Effects:**

*Product designed for the gentlest cleaning, nurturing and pH protection of intimate and other sensitive skin surfaces.*

#### **Peeling:**

##### **Solanie Facial peeling cream 125ml - SO20106**

*It is a cream scrub that acts as chemical (fruit acid) and mechanical peeling (polyethylene particles). It has a skin smoothing effect, which can be increased with lipoamino acid, a special active ingredient on the surface agent cleaning the pores from deep inside.*

## Treatment plant – Seborrhoea Sicca

### Usage:

*Apply a pea-sized amount of scrub to the moist skin surface, scrub it lightly, and wait for few minutes for the fruit acid to take effect. You can enhance the mechanical effect by using a peeling brush, but the acid content of the product performs fine exfoliation on the skin surface per se. Remove the particles of the scrub with wet cloth or sponge, then tone the skin.*

### Effect:

*A cream scrub that unites chemical (fruit acid) and mechanical peeling. Its skin smoothing effect is augmented by a special surfactant, lipoamino acid, that cleanses deep inside the pores. It cleans the skin of dead skin cells, thus rendering it smooth, hydrated and perfectly prepared to take in further active ingredients. The calming, regenerating effect of aloe, ginkgo, allantoin and panthenol prevents potential irritation. The grape seed oil content nourishes and precludes excessive degreasing. Its selected active ingredients and the fine, 50 micron sized polyethylene particles render the scrub suitable for every skin type.*

### Tonifying:

#### **Solanie Black Tonic 250 ml - SO20111**

Get rid of oily impurities and inflammations.

### Usage:

*After cleansing and peeling, it is important to restore the skin's PH level. Apply the amount of tonic of one press of the pump to two cotton pads placed on each other, then split them, and perform toning on the surface of the face, neck and décolletage.*

### Effect:

*Ichthyol and herbal extracts have a beneficial effect on excessive sebum secretion and restoration of the optimal condition of oily skin. Salicylic acid helps to prevent acne by removing sebum accumulated in the pores. The soothing allantoin supports the process of skin regeneration, ensuring proper care for sensitive and irritated skin.*

### Skin softening:

#### **Solanie Lipamin Deep Purifying Cream - SO20107**

This cream is ideal for softening sensitive skin and for cleaning the pores perfectly. Lipoamino acid enters the pores deeply and dissolves oxidized oils and pollution, providing a clean skin. We can boost its effect with SOLANIE Lipamin Accelerator Gel.

### Usage:

*Using as a mask, apply a thickness of 2-3mm amount to the cleansed skin and leave for 15 minutes. Use steam to enhance smoothing effect. Well applicable in treatments without massage (treatments for teens, inflamed skin).*

## Treatment plant – Seborrhoea Sicca

*You can use it for a 5-10 minute-long pre-massage with wet hands.*

*Used with Lipamin Accelerator Gel, it has a smoothing effect without steam too. Apply Lipamin Deep Cleansing Cream to the skin surface, thoroughly rub over the blackheads with wet fingertips, then finish it up with Lipamin Accelerator Gel, using a brush. Time to take effect is thus significantly reduced, and the skin smoothing effect intensifies. Wash off the mask with a wet sponge and start cleansing the skin.*

### **Effect:**

*Special product designed to quickly smooth sensitive skin and perfectly remove impurities from the pores. Lipoamino acid is a skin-friendly surfactant that performs physiological deep cleansing on the skin. Upon application, it diffuses deeply into the pores, solves oxidized fat and contamination, emulsifies dead skin cells, and provides perfect skin purity for the absorption of active ingredients.*

### **Solanie Lipamin accelerator gel 50ml - SO10108**

*This product enhances the impact of the Deep Purifying Cream, prevents the too early shrivelling of the cream underneath. Basil essential oil freshens, vivifies, and has aromatherapeutic effects too.*

### **Usage:**

*Use as second mask, applying the gel evenly with a brush, so the Lipamin Deep Purifying Cream beneath is airtight. After 10-15 minutes, the two-tier mask can be easily and quickly removed with the help of a spatula. Wash off the remains of the mask with a wet sponge, then tone the skin.*

*You can also use it after a massage with Lipamin Deep Purifying Cream by applying the gel to the skin in a thin layer. (When cleaning seborrheic skin, only remove the cream with a sponge from the area that you are massaging, then wipe off further parts as you progress. This way, you can keep smooth the skin to be cleaned. Finally wash it off and tone.)*

### **Effect:**

*This product enhances the effects of Lipamin Deep Cleansing Cream, and prevents its early drying. The slightly basic effect of arginine essential amino acid intensifies the cleansing and smoothing process, and helps the active ingredients penetrate deeper into the skin. The basil essential oil has a refreshing, stimulant, aromatherapeutic effect.*

### **Tonifying:**

### **Solanie Black Tonic 250 ml - SO20111**

### **Cleansing & Disinfecting**

### **Solanie Face toner with antibacterial elements 500ml - SO20105**

*It is a non-alcoholic tonic with disinfection effect. Provides wide range protection against possible infections. Allantoin is used to prevent irritation. It is to be used for antiseptic wiping of the skin on the treated area.*

## Treatment plant – Seborrhoea Sicca

### Usage:

*Recommended for antiseptic clearing of the skin after cleansing. Apply the amount of tonic of one press of the pump to two cotton wools placed on each other, then split them, and perform toning on the surface of the face, neck and décolletage.*

### Effect:

*Non-alcoholic, therefore it does not irritate sensitive skin. The synergistic effect of the three antiseptic active ingredients enables us to put only a small amount of each into the product, thus the skin is not strained while it is provided comprehensive protection from potential infections. Allantoin acts as an anti-irritant.*

### Hydrating:

#### **Solanie Skin Nectar No. 2 - Redness neutralizer serum – SO30512**

*A multifunctional serum stimulates circulation, increases metabolism, and intensifies the generation of new cells. Regular use can minimize inflammation periods. Also, these ingredients decrease visibility of enlarged capillary vessels, and help the healing of wounds.*

### Usage:

*Recommended for combined skin type that is often inflamed, sensitive. It can be effectively used as a treatment for the alleviation of face skin redness.*

- *Can be used for iontophoresis under the negative pole with Solanie Moisturizing hydromask.*
- *For scaly and oily seborrheic skin after clearing.*
- *Can be used with ultrasound with ultrasound gel for moderately or intensively fat deficient, irritated skin.*
- *For thinned epithelium, for sensitive surfaces after waxing.*
- *For home care in the morning and in the evening.*

### Effect:

*Multifunctional serum which provides a wide range of treatment possibilities. It is a microcirculation stimulator, metabolism booster, and it stimulates the formation of new cells. Its regular use increases the skin's resistance and reduces the inflammatory processes. Its special essential oil components, amplifying each other's effects, reduce erythema and the visibility of vasodilation, and help the wound healing processes. They also increase the flexibility of vascular walls. It is tissue-regenerating, anti-inflammatory, and it reduces itching. Papules heal faster, the itchy feeling of keratinized epithelium ceases; it strengthens, nourishes, hydrates and evens out the skin surface.*

#### **Solanie Moisturizing hydromask 250ml – SO20302**

*As a face mask, it supplies the water necessity of skin in a short time. Its high aloe vera content fills up, smoothes, and gives a healthy color for one's skin.*

## Treatment plant – Seborrhoea Sicca

### **Usage:**

*Apply the gel to the cleared, brushed, toned skin evenly, with a thickness of 1-2 mm. In 10-15 minutes, the mask is thoroughly absorbed by skin. Tone the skin afterwards. Also recommended for iontophoresis. Recommended for ultrasound, with an extra active ingredient or alone. In case of mechanical treatment, apply the mask more thickly, c. 2-3 mm.*

### **Effect:**

*The ideal nourishing product for dehydrated skin. As a mask, it quickly compensates for the skin's lack of moisture. Its high Aloe Vera content loads, smoothes out, freshens the skin and gives it a healthy color. Biotin is a strong skin smoother. The sugar derivative pentavitin provides lasting hydration.*

### **Mask:**

#### **Solanie Herbal calming mask 250ml - SO20304**

*It can be used successfully at the end of face treatments for calming the skin. Antiseptic, astringent, with inflammation preventive effect.*

### **Usage:**

*After cleansing and disinfecting apply the mask on the skin, then wash it off after 15 minutes and tonify the skin.*

### **Effect:**

*Eyebright (Euphrasia) is antiseptic, astringent and anti-inflammatory. Sage and mint have cooling, disinfecting and refreshing effect. Ichthyol is a soothing, anti-inflammatory agent. Zinc oxide and titanium dioxide are pore-tightening, drying and anti-irritant. Phytohormone-containing wheat germ oil and grape seed oil help skin regeneration. Combined use of all of these active ingredients can provide a quick and spectacular soothing effect on blushed skin.*

### **Tonifying:**

#### **Solanie Black Tonic 250 ml - SO20111**

### **Massage:**

#### **Solanie Kukui-mineral massage cream 250ml – SO20204**

*Kukui-mineral massage cream hydrates and feeds the skin owing to its rich active ingredients. The oil of Hawaiian Kukui Nut has high unsaturated fatty acid content. It is rich in vitamins and fitosterines, gets absorbed fast and deep, while excellent inflammation reducer, skin softener, and hydrating agent.*

## Treatment plant – Seborrhoea Sicca

### Usage:

*Apply the appropriate amount of massage cream (in case of face and décolletage massage, 2 nut-sized amount; in case of only face massage, 1 nut-sized amount) to the previously cleaned, prepared skin surface. Perform face, neck, décolletage massage with the cream that became slippery from body warmth. Liquid (mineral water, tea, hydrating toner etc.) can be used for moisturizing that helps the absorption of mineral nutrients and provides an easy, long and thorough massage.*

### Effect:

*Due to its various active ingredients, it intensively hydrates and nourishes the skin. The oil of the Hawaii kukui nut has a high unsaturated fatty acid content. Plenteous in vitamins, phytosterols, it is rapidly and deeply absorbed, anti-inflammatory, skin smoothing and moisturizing. It does not irritate, it is effective in soothing inflammations, burns and redness. It helps the skin's natural healing process. The external, through-the-skin application of minerals important for the normal functioning of epithelial tissues had previously been seldom used in cosmetics. The massage cream contains these elements in the form of gainful organic salts accompanying the important compounds of NMF (sodium lactate, urea, PCA, lactic acid). It is slippery, it can be massaged easily and for long. Applicable to all skin types, including sensitive and seborrheic skin.*

### Tonifying:

#### **Solanie Black Tonic 250 ml - SO20111**

*Wipe off the area to be treated with toner*

### Mask:

#### **Solanie Seboherbal Fitomask 250ml – SO20903**

*Mask with disinfectant, astringent effect.*

### Usage:

*Apply the mask evenly (with a thickness of 2-3 mm). After 15-20 minutes, massage into the skin and tonify again or simply wipe off the mask with a wet sponge. It can also be excellently used as neck-décolletage mask. The effect can be intensified by usage of ultrasound.*

### Effect:

*Prevents inflammation (juniper, lemonpeel), anti-seborrhoea (great burdock) effect. Promotes wound healing. Calms, lessens irritation, moisturizing (allantoin, panthenol, glicin), with horsetail.*

### Nourishing:

#### **Solanie Caviar Exclusive eye-contour gel 50ml – SO20603**

*Hyaluronic acid strongly moisturizes and forms a defensive and tightening coat and nourishes the sensitive areas of the eyes. Herb extracts decrease irritation and alleviate puffiness and prevent formation of circles around the eyes.*

## Treatment plant – Seborrhoea Sicca

### **Professional usage:**

*Suitable for targeted eye treatments. In case of mimic wrinkles, it can be used for prevention for young people; you can get to deeper layers with iontophoresis or ultrasound. It can be the finishing product of cosmetic treatment on the whole face; it is a good base for makeup. In case of fat-deficient skin, after the absorption of the gel, if necessary, its effect can be improved with Q10 night nourishing cream. Spread a pea-sized amount of gel around the eyes.*

### **Effects:**

*Visibly effective product designed for the care of the sensitive eye area and the strengthening and regeneration of the tissue structure. The watery extract of caviar contains vital proteins, vitamins and trace elements that have an especially strong, nourishing and stimulating effect on the slack, tired, dry and sensitive skin. Hyaluronic acid is highly hydrating, and it forms a protective and tightening layer. The herbal extracts reduce irritation, relieve the formation of eye bags, and inhibit the formation of periorbital dark circles. It does not irritate the eyes; it cools pleasantly. It can be used effectively as a wrinkle treatment gel; it is excellent for the smoothing of mimic wrinkles.*

### **Solanie Niacin cream for oily skin 250ml - SO20406**

*It is a light, non-greasy, fast absorbing cream for the treatment of scaly-, oily seborrheic skin. It contains ingredients which strengthen the harness, block extra production of sebum, reduce the size of the pores. Niacin cream also has calming, anti inflammation and antiseptic effect. The cream will not leave any shine on the skin. The light UV protector protects the skin from the harmful sunrays.*

### **Usage:**

*Can be used as a treatment ending cream. Excellent base for makeup. When the treatment is finished, spread a pea-sized amount of cream on the face area.*

*Recommended for costumers for home skin care.*

### **Effects:**

*Easy, non-greasing, quickly absorbed cream for the treatment of scaly and oily seborrheic skin. It is soothing, epithelium strengthening, anti-greasing, anti-inflammatory, pore-tightening and antiseptic. The epidermal repairing effect of the contained active ingredients and vitamins relieves the unpleasant symptoms and provides protection for the skin. The treated surface becomes toned, filled, as well as matte. The cream does not leave an oily color. Especially recommended for problematic skin treated with dermabrasion. By virtue of its UV filter content, it protects the skin from harmful sun radiation when used during daytime.*

### **Camouflage:**

#### **Solanie Ultra Step Therapy Lotion 15ml – SO10918**

*Because of its components, it disinfects perfectly, heals the skin and normalizes sebum production. It blocks P. acnes bacteria that induce acne, and skin becoming infected. Applying it more often would erase the visible signs of aging and cosmetic flaws of the treated area.*

## Treatment plant – Seborrhoea Sicca

### Usage:

For the finishing, last phase of cosmetic treatments.

Due to its composition the customer leaves with a foundation which helps a curing process.

### Effects:

Its high alcohol content decontaminates and dries immediately; its various bactericide components (dichlorobenzyl alcohol, salicylic acid, phenethyl alcohol), penetrating into deep skin layers, have long-lasting effects. The anti-greasing, keratoplastic, normalizing substances (colloidal sulfur, biotine, zinc PCA, allantoin) improve skin image, quicken wound healing; pigment suspension effectively conceals skin imperfections. By virtue of its composition, it perfectly decontaminates, soothes the skin, normalizes sebum. It inhibits the life conditions of bacteria responsible for acne. It renders the skin perfectly soft and smooth. It makes the application of makeup easier. After multiple applications, by virtue of its perfect concealing capability, it hides the apparent signs of inflammation and the cosmetic imperfections of the treated area.

### Treatment plan for Seborrhoea Sicca

Item code	Item description	size ml	Amount to be used ml
SO10910	Solanie Aloe Vera Intensive Cleansing Foam	200	2
SO20111	Solanie Black Tonic	250	6
SO20106	Solanie Facial Peeling Cream	125	3
SO20107	Solanie Lipamin Deep Purifying Cream	250	3
SO10108	Solanie Lipamin Accelerator Gel	50	3
SO20105	Solanie Face Toner with Antibacterial Elements	500	2
SO30512	Solanie Skin Nectar No. 2 - Redness neutralizer serum	30	1
SO20302	Solanie Moisturizing Hydromask	250	2
SO20304	Solanie Herbal Calming Mask	250	3
SO20204	Solanie Kukui-Mineral Massage Cream	250	6
SO20903	Solanie Seboherbal Fitomask	250	4
SO20603	Solanie Caviar Invigorating Eye-Contour Gel	50	1
SO10406	Solanie Niacin Cream for Oily Skin	50	2
SO10908	Solanie Ultra Stepy Therapy Lotion	30	1



## Treatment plant – Seborrhoea Sicca

### Scaly-Seborrhea skin type home care

Item Number	Name	Packing ml	Used Amount ml
SO10910	Solanie Aloe Vera Intensive Cleansing Foam	200	2
SO10111	Solanie Black Tonic	150	6
SO10603	Solanie Caviar Exclusive Eye-Contour Gel	15	1
SO10406	Solanie Niacin Cream for Oily Skin	50	2
SO10908	Solanie Ultra Stepy Therapy Lotion	30	1
Décolleté, hand and body care			
SO10203	Solanie Silk Touch body & massage milk	150	10
Once a week			
SO10106	Solanie Facial Peeling Cream	30	3
SO10302	Solanie Moisturizing Hydromask	50	2
Course of treatment			
SO20502	Solanie Skin Nectar No. 2 - Redness neutralizer serum	15	1