

Step-by-step for Vita White and AHA peel products

In order to achieve the maximum result with **AHA peels & Vita White** products you have to complete a course of treatment.

Before the first treatment it is recommended to get the skin used to a more acidic pH level. Thereby the skin's tolerance to acids is gradually increased. A couple of weeks before starting treatment, start using Solanie Mango Rice AHA peel or the Solanie facial peeling cream or Gentle Cleansing foam for home use. These products have acidic pH level, so they can help preparing the skin for the treatments.

Cleansing:	Solanie Aloe Vera Intensive Cleansing Foam 200ml – SO10910
Peeling:	Solanie Mango-rice AHA scrub 30ml– SO20901
Tonifying:	Solanie Face Toner with Antibacterial Elements 500ml – SO20105 Solanie AHA-peel serum - first time use 5% (SO21801), later based on the skin's reaction change to 10% (SO21802), then 25% (SO21803)
Serum:	Solanie Vita White brightening elixir 30ml – SO21901
Mask:	Solanie AHA peel skin restructuring mask 100ml – SO21901; leave it on the skin 3-10 minutes, checking the skin continuously, if the skin gets irritated remove it immediately
Tonifying:	After removing the mask, use the Face Toner with Antibacterial Elements, in order to restore skin's pH
Serum:	Solanie Vita White Vitamin C serum 30ml – SO21901
Moisturizing:	Solanie Vita White massage mask 100ml - preferably using ultrasound – SO21904
Peel-off mask:	Depending on the skin type, use the right peel-off mask (SO34001 – SO34007)
Day cream:	Solanie Vita White SPF 15 day cream 50ml – SO11903

After finishing the treatment period it is recommended to use the AHA peel serum 5% (SO11801), Vita White brightening elixir (SO11901), and the Vita White day (SO11902) and night cream (SO11903) for eight weeks.

The total duration of treatment depends on the type and severity of the problem.

- 5-8 treatments are absolutely necessary for achieving optimal results.
- Repeat the treatment every 1-2 weeks, depending on the skin type.

The AHA peel serum 25% (SO21803) can be used to treat local spots.